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Fight Sports Daytona

796 Sanders Road | Ste. 5 | Port Orange, FL 32129

SCHEDULE

	<u>Sunda</u> <u>y</u>	<u>Mond</u> <u>ay</u>	<u>Tuesda</u> <u>y</u>	<u>Wednesd</u> <u>ay</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturda</u> <u>y</u>
6-7am		Striking					
7-8am		BJJ <small>(check with Prof on gi or no gi)</small>					
10-11am	Beginne r BJJ	BJJ <small>(ages 15 & older)</small>	No Gi BJJ	BJJ	BJJ	No Gi BJJ	Open Mat <small>(members only)</small>
BREAK							
5:30-6:30pm		Kids BJJ <small>(ages 4-14)</small>	MMA/ Striking	Kids BJJ	MMA/Striki ng	Kids No Gi BJJ/MM A	
6:30-7:30pm		BJJ	No Gi BJJ	BJJ	BJJ	No Gi BJJ	