



# Fight Sports Daytona

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## SCHEDULE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7am-8am		Morning BJJ					
10am-11am	Beginner BJJ	ADULT BJJ (ages 15 & older)	ADULT NO GI BJJ	ADULT BJJ	ADULT BJJ	ADULT NO GI BJJ	ADULT BJJ
BREAK		NO CLASSES					
5:30pm-6:30pm		KIDS BJJ (ages 4 -14 younger)	MMA/ STRIKING (ages 15 & older)	KIDS BJJ	MMA/ STRIKING	KIDS STRIKING/ NO GI BJJ	
6:30pm-7:30pm		ADULT BJJ	ADULT NO GI BJJ	ADULT BJJ	ADULT BJJ	ADULT NO GI BJJ	
7:30pm-8pm		OPTIONAL LIVE GRAPPLING	OPTIONAL LIVE GRAPPLING	OPTIONAL LIVE GRAPPLING	OPTIONAL LIVE GRAPPLING	OPTIONAL LIVE GRAPPLING	